



January 5th, 2026

Dear Parents/Guardian,

We are excited to tell you that your child has earned a spot on the **Marshall Springs Senior Boys Volleyball Team!** Their hard work and effort during tryouts were impressive. We are happy to have them represent Marshall Springs School this season, and we look forward to a great experience together.

Each season, we ask for a consistent commitment from all players to help the team succeed. Your student is expected to attend all practices and games. See athlete contract attached. In addition, each player must bring their water bottle to all practices and games.

Season of play will start on **January 5th - March 22, 2026**. A detailed season schedule is attached. We encourage you to attend any games you can. Your support is greatly appreciated!

Please note that **Marshall Springs School** cannot provide transportation for away games. We ask that families arrange transportation for their student to and from games and practices. As all coaches are volunteers, we request you pick up your child promptly after games.

The team fee is **???????**, which covers jersey maintenance, referee fees, tournament fees, and an end-of-season wrap-up. This fee can be paid via your online **MyCBE account**.

We're excited to host the **Springs Smash Volleyball Tournament** (Feb. 19th and 20th) and appreciate your support! We're seeking donations for food and drinks for our volunteers and coaches, and would also welcome any volunteers. Additionally, we will announce dates for the E.P. Scarleet Feeder Tournament.

For up-to-date team information, please go to the Marshall Springs webpage, select the Extracurricular menu and then Volleyball.

This year, MSS will be combining athlete team wind-ups. All winter and spring sports teams, including Volleyball, Volleyball Development, Badminton, and Track and Field teams, will come together to celebrate their seasons and spend quality time together as a big group. End of the year Date is set for June 17th for a fun celebration with pizza, drinks, and other snacks.

If you could please return forms to coaches as soon as possible, this will enable us to be prepared for our games. Thank you for your cooperation and support in making this season a positive and rewarding experience for all players.

Ms. Burden, Ms Mork and Ms. Currie
Coaches

Mr. K. Godfrey
Principal



We are excited to offer an *optional* team t-shirt this year for \$12.75.

Description: The shirt is all black with the athletic logo (Pictured Left) on the front of the shirt.

Fill out the Google Form Link that will be provided to you by coaches on either:

1. Team Google Classroom [LINK](#)
OR
2. You can access it on our school website
<https://marshallsprings.cbe.ab.ca/volleyball>

DEADLINE: January 30th, 2026



STUDENT SPECTATOR POLICY

MSS students will be able to view the first game (4:30pm start) without parent/guardian supervision.

Students are to remain in the main gym watching the game.

Once the first game is complete, school administration will direct all students without a parent/guardian to leave the building.

MSS students will need to be directly supervised by a parent/guardian if they would like to stay and/or return at any point after the first game is complete.

MSS students are expected to be in the main gym watching the game(s) and supporting all players/coaches/referees/parents/guardians in a positive manner.

Any student who is not meeting the **CBE Student Code of Conduct will be escorted out of the gym and school and may lose future viewing privileges at MSS.**

HELPING YOUTH TO LOVE SPORT

Author: Pohla Smith – Sport Psychologist

Ideas for raising an athletically active youth:

- Be active yourself.
- Help your student to find articles and books about athlete role models.
- Get to know their coaches and their philosophies.
- Be a fan. For all teenagers, encouragement is crucial.

What Do All Children Want?

Whether they admit it or not, children want parental approval. It is one of the strongest motivators, and when kids feel they are letting their parents down, they can be devastated.

Given society's obsession with winning, "Did you win?" is an almost irresistible question to ask after a game. But it should not be the first question, says sports psychologist Dr. Sean McCann of the US Olympic Committee. An overemphasis on winning can cause a child to fear failure, an inability to take setbacks in stride and the belief that self-worth is based on victories and defeats.

Rather than being scared and frustrated by sports, kids should feel the thrill of mastering new skills and the satisfaction of knowing they did their best. These questions to ask after a competition will help them do that;

- ***Did You Have Fun?*** Fun is, after all, the NO. 1 reason youth give for playing sports. This question indicates that you value it and that it should be a goal of sports participation. "If you ask if they won, they think that is the sole reason they're playing," says McCann. "Asking if they enjoyed the game reminds them of the ultimate reason for playing. Follow up:
 - Why?
 - What was your favourite part?
 - What didn't you enjoy?
 - What would make it more fun?
- ***Did You Play Your Best?*** "Playing to the best of your abilities is still the ultimate challenge at every level. It doesn't take a talented athlete to answer yes." Kids can get frustrated if they play their best and don't win. Help them to identify new skills they tried or used or great plays they made. Remind them that giving 100% is an important thing and something to be proud of. (This includes supporting their team, sportsmanship...) If your son/daughter does not think she played her best, ask why. It helps to talk about it.
- ***Did You Learn Anything to Help in Your Next Game?*** This question can perk up a dejected competitor. It can help your daughter/son identify strategies that worked and those that did not. "This question sends the message that you can take lessons from what happens," McCann says. "It helps keep thoughts positive, even after a less than satisfactory outing."

MARSHALL SPRINGS ATHLETICS ATHLETE CONTRACT



Congratulations! You have been selected to represent Marshall Springs School as an individual or team athlete. This is both an honour and a privilege.

Being part of this team signifies your dedication to the program. The coaches, staff, and administration believe your efforts in athletics will lead to tremendous personal growth and rewarding team experiences. We wish you a successful and enjoyable season of growth, learning, and achievement.

To help you develop your skills and contribute to the team's success, please adhere to the following expectations:

- **Attitude is everything!** Your attitude, enthusiasm and willingness to listen, learn and play will determine your success on and off the court. Being a positive leader is the Marshall Springs way!
 - **Commitment.** By accepting a position on the team, players are expected to fully engage in all practices, games, and team activities for the entire season. This commitment is to the team and all its members, contributing to a supportive and unified experience for everyone.
 - **Respect, citizenship, and sportsmanship** are core expectations for all team members, both on and off the court. As a team member, you must model these qualities at school, during games, and in the community, maintaining a high level of sportsmanship and respect for teammates, coaches, opposing teams, and officials at all times.
 - **Practice time equals game time.** Attendance at practice directly impacts playing time. If you cannot attend a practice or game, notify the coach rather than asking another athlete to deliver the message.
 - **Behaviour** at Marshall Springs games and visiting schools must be exemplary.
 - **Attendance.** You must be present at school on game day to be eligible to play. If you have an unexcused absence, you will not be eligible to play on this day.
 - **Student-Athlete.** All school responsibilities must be completed before participating in after-school play or practice. Teacher reports will determine game eligibility. A negative report may result in reduced playing time or complete removal from participation.
 - **Trouble at school equals trouble on the court.** Disciplinary consequences assigned at school take precedence over the privilege of participating on an extra-curricular athletic team. They may result in losing playing time and potentially affecting your participation on the team.
 - **Injuries.** If you're injured, coaches need to communicate with you, outlining the severity of the injury and the expected recovery time.
-

I have read and will uphold the **MARSHALL SPRINGS** Athletics Player Contract. I understand that if I choose to disrespect myself, my team, or my school, I will be removed from the activity and may be removed from the team.

Student Name: _____ Student Signature: _____

Parent Name: _____ Parent Signature: _____

MARSHALL SPRINGS PARENT INFORMATION AND CONTRACT



Participation in school athletics allows students to learn and demonstrate leadership, fair play, sportsmanship, and responsibility. The actions of athletes, coaches, and parents reflect on both the team and the entire school community. Our coaches are dedicated to developing fundamental skills and game knowledge to support the success of each individual and the team.

We believe every player is important and should feel valued, as these experiences will shape their attitudes toward sports for years to come. As the constitution outlines, all athletes dressed for competition must play a meaningful portion of the game. While playing time may not be equal, it is vital that every player feels they have contributed to the team's success.

- **Respect** is at the heart of athletics, and we expect coaches, parents, and athletes to represent Marshall Springs by showing respect to teammates, opponents, coaches, officials, and volunteers.
 - **Goals of Sports.** Winning is at the root of competition, but not the only goal for middle school sports. We strive to provide positive experiences and develop well-rounded athletes.
 - **The Privilege of Participation:** Playing on the school team is a privilege. Players must demonstrate commitment to the team, stay on top of their academic responsibilities and contribute positively to the school environment. While everyone will participate, equal playing time is not guaranteed.
 - **Addressing Concerns.** Athletes are encouraged to approach their coach with any concerns. Coaches welcome open discussions and are happy to address any questions or feedback about the season.
 - **Parental Support:** We encourage parents to encourage their students to play their best and avoid getting caught up in the win/loss cycle.
 - **Acknowledgment.** Feel free to thank or congratulate a coach at any time. Your appreciation for their time and dedication is always welcome and helps create a positive team atmosphere.
 - **Communication:** We pride ourselves on being approachable and accountable. If there are any concerns, we encourage parents to address them courteously and respectfully **the next school day** to discuss the issue. As our coaches are volunteers, we kindly ask that all communications remain professional. We are more than willing to address any situation in a respectful manner.
 - **Communication with referees** is the responsibility of the coach and the host school. The CBE employs the referees, and a CBE staff member will handle any communication with them.
 - **Disrespectful Behaviours:** If parents or spectators engage in disrespectful behaviour at a CBE venue or event attended by a CBE team, they will be asked to leave, and their future spectating privileges may be revoked.
 - **Enjoy the Season.** Encourage your child to have fun and embrace the personal challenges that come with the experience!
-

I/We have read the attached coaching philosophy with my/our student.

Student Name: _____

Student Signature: _____

Parent(s) Name: _____

Parent(s) Signature: _____

