

CROSS COUNTRY RUNNING

All athletes must bring a **SIGNED** Annual Authorization for Tryout Form.
Please also bring a **SIGNED** Fairness & Equity Form if applicable.

RUNNING DATES & TIMES



TUESDAY, SEPT 1ST
4:00–4:45PM



THURSDAY, SEPT 3RD
4:00–4:45PM



REGULAR PRACTICE TIMES

Practice will be **Tuesdays** and **Thursdays** until the end of the season.

**COACH
HOUSTON**



DON'T FORGET:

Annual Authorization for Tryout Form
(**SIGNED**)



DON'T FORGET:

Fairness & Equity Form
(**SIGNED IF APPLICABLE**)



THE FULL CROSS COUNTRY
RUNNING SCHEDULE IS POSTED
ON THE **MSS ATHLETIC
WEBSITE.**

