

MARSHALL SPRINGS

Spirit Week

**FRIDAY
DECEMBER**

15

**DO IT UP
DOOR DAY**

Spread school spirit with Door Decorating.
Get Ready! You are welcome to donate school appropriate supplies.

**MONDAY
DECEMBER**

18

**OUT OF THE BOX &
BACKPACK
ANYTHING BUT A
BACKPACK DAY**

Exactly as it sounds, bring your belongings in anything but a backpack. You could use a duffle bag, shopping bag, anything you can think of.

**TUESDAY
DECEMBER**

19

**REVERSE IT DAY
STUDENTS DRESS AS
TEACHER TEACHERS
DRESS AS STUDENTS**

We are really excited to see what Teacher/Staff you will dress as up!

**WEDNESDAY
DECEMBER**

20

**BE YOU
CULTURE DAY**

Express your and learn about other's culture through clothes/accessories or flag's colours. We feels that every culture should be acknowledged and valued and culture day will be an interactive and fun way to do this.

**THURSDAY
DECEMBER**

21

**ALMOST FAMOUS
DRESS AS YOUR
FAVORITE CELEBRITY**

Dress up as any famous person You can pick anyone you idolize or look up to and dress like them . Keep it PG 13

**FRIDAY
DECEMBER**

22

**KEEP IT COZY
PAJAMA DAY**

Wear your Cozy, pajamas to school!

Spreading School Spirit

MSS SPIRIT WEEK

FRIDAY DECEMBER 15 - FRIDAY DECEMBER 22, 2023



*Add a sparkle
to Marshall
Springs*



*Show your
homeroom
spirit!
Have some
FUN!*



*Show your
individuality
& different
celebrations*



LET'S GET READY!

BASKETBALL PEP RALLY

**DECEMBER 15
2023
FRIDAY 2**



**SPIRIT
WEEK
FRI DEC 15**

**LET'S
GO!!!!**

LETS GO RIVER WOLVES!

DECEMBER 15

FRIDAY 2



PERIOD 1 HOMEROOM & SPIRIT ACTIVITIES

PERIOD 2 GRADE 6 & 7 PEP RALLY

PERIOD 3 GRADE 8 & 9 PEP RALLY

SUPER FUN DAY PLANNED!



HOME ROOM AND SPIRIT ACTIVITIES PERIOD!

- **SLIDESHOW TO GET YOU IN THE KNOW**
- **DOOR DECORATING**
- **SPIRIT POSTER CREATION**
- **FACE PAINTING**

WHERE DO I GO WHEN I'M NOT IN THE PEP RALLY?

WHEN YOUR GRADE IS NOT IN THE PEP RALLY, GO
TO YOUR REGULAR CLASS ON A FRIDAY 2
SCHEDULE!

PERIOD 2

- GRADE 6/7 PEP RALLY
- GRADE 8/9 REGULAR CLASS

PERIOD 3

- GRADE 8/9 PEP RALLY
- GRADE 6/7 REGULAR CLASS



WANT SPECIAL SEATS?

**PEP RALLY VIP SEATS
TO BE GIVEN AWAY
TO 4 LUCKY STUDENTS
IN APPRECIATION OF
THEIR DONATIONS TO
THE MAYOR'S ANNUAL
FOOD DRIVE**





THERE IS A SECRET SPIRIT JUDGE WATCHING YOU!

Show school spirit = Win Prizes!





WHAT IS THE MAYOR'S FOOD

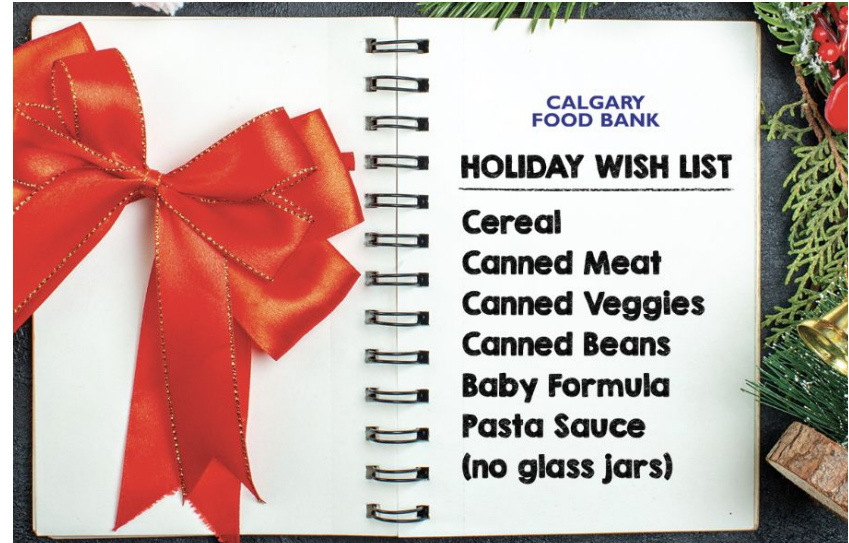
The Mayor's Food Drive collects food and money donations to feed people in need during the holidays. Our goal is to raise donations of non-perishable food items from the Holiday wish list and cash support. For every \$1 donated, the Calgary Food Bank can distribute \$3.50 worth of quality food

WHERE CAN I DONATE?

Monday - Thursday at Lunch

December 4 - 7 & 11 - 14

In Appreciation Donations of Food and Money
Donors Will Receive Name Entries for the
PEP RALLY VIP Package



WHAT IS OUR IMPACT?

**CALGARY
FOOD BANK**

A YEAR IN REVIEW

September 1, 2022 to August 31, 2023



\$3.50

Worth of food can be distributed for every dollar donated.



149,909

Total number of hampers distributed to Calgarians through all of our programs.



1,320,635

Pounds of food distributed through Food Link program to **56** partner organizations with a value of **\$4,263,848**.



91%

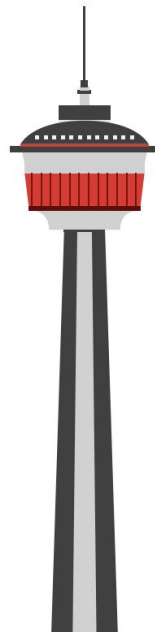
Of our donations come from our **360** food industry partners. We rescued **13,327,753** pounds of quality food with a value of **\$41,815,532**.



Going to the Calgary Food Bank was like going to visit a friend's house to ask for a bit of help, I was overwhelmed and incredibly humbled by the whole experience.



–Client Quote



Client Demographic Breakdown:

64% Families
36% Individuals

34% Children
31% Working
7% Single Parents
4% Seniors



**SPIRIT
WEEK
FRI DEC 15**

Do it Up Door Decorating

FRIDAY DECEMBER 15th



Pancha Ganapati



Omisoka



Winter Solstice



Diwali



Chinese New Year

Lets all spread school spirit by decorating our door in a festive manner on Friday December 15th.

Get Ready!

You are welcome to bring any supplies from home, as long as its school appropriate. Some examples are wrapping paper, ribbons, any figures that are appropriate and you are okay with donating.



Christmas



Bodhi Day



KWANZAA



Posadas MEXICANAS TRADICIONES NAVIDENAS



St. Lucia Day



Hanukkah

OUT OF THE BOX AND BACKPACK ANYTHING BUT A BACKPACK DAY

Anything but a backpack day means don't bring a backpack and bring something creative to bring your stuff in. For example you could use a duffle bag, shopping bag, anything you can think of that is appropriate for school

**SPIRIT
WEEK
MON DEC 18**



Teachers Dress as Students & Students Dress as Teachers Day!



**On Tuesday December
19th Teachers will
dress as a Student and
Students will dress as
a Teacher!**

**For example you can dress up as Mr.B or
any other Teacher/Staff in this school.**

**We are really excited to see what
Teacher/Staff you will dress as up!**



CULTURE DAY

On Wednesday 20th of December, Marshall Springs is hosting a Culture Day.

This is where everyone can express their culture through clothes and accessories and learn about other people's cultures.

If you feel like you don't want to wear a cultural outfit, you can simply wear a flag's colour to represent a county.

This is important because Marshall Springs feels that every culture should be acknowledged therefore culture day will be great and fun for both the students and the teachers.



**SPIRIT
WEEK
WED DEC 20**

ALMOST FAMOUS

DRESS UP AS SOMEONE FAMOUS DAY

On Thursday, December 21st you can dress up as any famous person

You can pick anyone you idolize or look up to and dress like them

Keep it PG 13





Pajama Day!!

On December the 22
wear your pjs to school !

HAPPY
Friday



**SPIRIT
WEEK
FRI DEC 22**

BE COMFY ALL DAY

You can show off your cool
pajamas at school!





Pancha Ganapati



Omisoka



Winter Solstice



Diwali



Chinese New Year



Thanks For Listening



Christmas



Bodhi Day



Hanukkah



St. Lucia Day



KWANZAA



Posadas MEXICANAS
TRADICIONES NAVIDEÑAS